

ESPSC



Summer Session
July 2-Aug. 1, 2024

Register at www.espsc.ca or
scan QR Code



ESPSC SUMMER 2024
7 OAKS ARENA

745 KINGSBURY AVE.
WINNIPEG, MB

www.espsc.ca



Senior STARSkate (STAR 4+) FULL Session Includes:

2.5 hours on ice, daily off ice class.

Start time: 8:30 AM daily

Senior Free Skate (STAR 4+) only 8:30-9:15 am

Junior STARSkate FULL Session Includes:

2.5 hours on ice, daily off ice class.

Start time 9:15 am daily

STARSkate LITE includes:

1 hr 45 min. on ice, daily off ice class

Start time: 10:15 AM daily

STAR 1 group

1 hr 45 min. on ice each day, daily off ice classes - coaching fees included

Advanced CanSkate group

1 hour on ice each day, daily off ice classes - coaching fees included

Casual ice/drop in rates and alternate session rates may be available if space permits. Contact Tanya Pilat with your inquiry/request, or complete a drop in registration. Casual skaters must provide 24 hours notice via email.

Registration requires an ESPSC membership account set up including all skaters(s) added as participants. Go to www.espsc.ca to set up your account if new to our Club.



SCHEDULE

8:30 am - 9:15 am - Senior Free Skate

9:15 am - 10:00 am - Jr/Sr. Free Skate

Flood

10:15 am - 11:15 am - Jr/Sr./STAR 1 Dance/Skills (no jumps)

11:00 am - 12:00 pm - Advanced CanSkate Figure Skate

11:15 am - 12:00 pm - Junior/STAR 1 Free Skate

11:30 am - 12:00 pm - Senior off ice

12:15 - 1:00 pm - Junior/STAR 1/Advanced CanSkate off ice

Week 1 July 2-5 (Tues. -Fri.)

Week 2 July 8-11 (Mon.-Thurs.)

Week 3 July 15-18 (Mon.-Thurs.)

Week 4 July 22-25 (Mon.-Thurs.)

Week 5 July 29-Aug. 1 (Mon.-Thurs.)



ESPSC Coaching Staff

Tanya Pilat - ESPSC Program Coordinator
tanyapilat@yahoo.com 204-612-7680

Kaylee Pilat
kaylee.pilat@yahoo.ca 204-805-4079

Jade Pilat
jaderushman3@gmail.com 431-588-7167

Emmet Dewar
emmetdewar@icloud.com 204-330-5949

Rochelle Steinmetz
steinmetz.rochelle@gmail.com 204-641-5030



Additional Coaching Staff

Katie Roy
Katieproy0@gmail.com 204-391-0389

Shannon Roy
royks@mymts.net 204-509-3792

Leigh Nesbitt
leigh.nesbitt@hotmail.com 204-801-2071

Keesha McCutcheon
k.mccutcheon@hotmail.com 204-264-0574

All Registered Skate Canada Skaters and Coaches are Welcome. Coaching fees are extra and billed directly by the coach, unless otherwise noted. Please contact the coach of your choice regarding booking of lessons.